



Electric Switch of The West has brought the BDSM world an essential book for anyone intending to experience any facet of BDSM. Electric Switch has been educating people in BDSM through her many lectures, workshops, demonstrations, online chats and personal appearances. In this book you will find information to make you think; as well as understand that BDSM is adaptable to every person and every lifestyle. You will learn safety, get sound advice, as well as getting some entertaining tips and ideas.

Just some of what you will find in this book:

- The most comprehensive and extensive BDSM dictionary around.
- Learn about Munches, Play Parties, and Changes you might experience in your life.
- Suggestions for how to get your partner involved in BDSM.
- Gain insight and tips for those Disabled and involved in BDSM.
- Tips about Online BDSM and Long distance relationships.
- SSC and RACK, Deciding your Rules, Rights and Guidelines for how you do BDSM.
- Learn about different types of play- spanking, flogging, food, clothespins, wax, etc.
- Leather History Timeline.
- And much, much more...

This book is for everyone, men, women, non-homosexual, lesbian, gay, bi-sexual, transgender, poly, all sexual identities and ages. This book is for everyone from newbies, to the seasoned lifestyler, to those that are edge players, to those that are hardcore, to those that live it 24/7, to those that only use it in the bedroom. Electric Switch believes there is something for everyone in this book.

“The difference between Dom/mes and game players: A Dom/me creates the hunger, the need and the want in the one they want to dominate; a game player just looks for anyone that is hungry, needy and wanting a void filled for them to dominate.”

~Electric Switch of the West